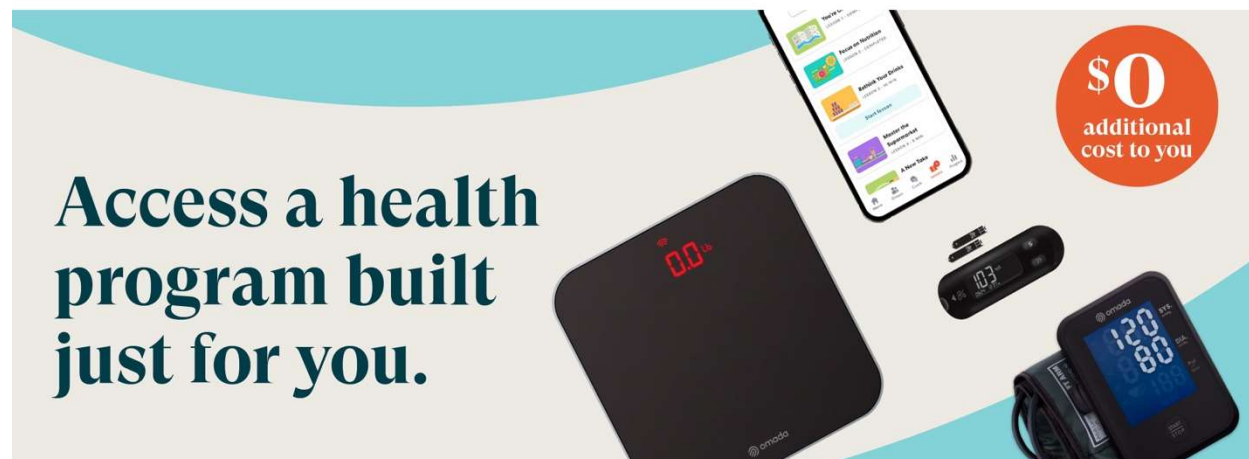


You're Invited: New program available to you from Sunshine Communities:



Access a health program built just for you.

Hi Team,

We're pleased to announce that we now offer Omada® as a covered program for all eligible employees.

Omada is a personalized program with one-on-one coaching, specialist* support and smart devices to help members lose weight, manage diabetes, and lower blood pressure.

The best part? The program — **up to a \$1,700 value** — is at no additional cost to you if you're eligible to join.

See if you're eligible:

express-scripts.com/healthsolutions

Log in to get your exclusive access code and link to apply to Omada.

Once members enroll, they will get access to...

- **One-on-one support** from a personal health coach
- **Easy monitoring** with smart devices* and tools
- **Clinical guidance** from a diabetes or hypertension specialist
- **Tools for managing stress** to ensure mindset is healthy, too
- **Actionable tips** from weekly lessons
- **Encouragement** from an online community

Omada can help members:

Manage diabetes more easily

- Through guidance from a health coach and certified diabetes specialist
- Two continuous glucose monitors (CGMs)*

- Blood glucose meter and ongoing supply of test strips and lancets

Take control of blood pressure

- Through guidance from a health coach and clinical specialist
- A blood pressure monitor and smart scale

Lose weight

- With one-on-one health coaching
- A smart scale to monitor progress
- Helpful lessons, tips and recipes

Improve overall health

- With personalized feedback
- Interactive lessons
- Support for mental health

See if you're eligible:

express-scripts.com/healthsolutions

Log in to get your exclusive access code and link to apply to Omada.

Yours in health,
Laurie Shipp, Benefits Manager

*Certain connected devices and features provided as a part of an Omada program are only available to members in the applicable program who meet program and clinical eligibility requirements. CGMs are only available with the Omada for Diabetes program and only available to members within this program who receive a prescription and have a compatible smartphone. Eligible members will receive two (2) CGM sensors - one CGM is to wear upon enrollment, the other CGM is for a six-month follow-up.

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